

Risk assessment

Company name: Earthbound Holistics

Assessment carried out by: Jeanette Richards

Date of next review: October 2020

Date assessment was carried out: 9th July 2020

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Electrical Equipment	Client and Practitioner	Annual check of equipment	Check prior to reopening	J. Richards	Prior to 13 th July 2020	10 th July 2020
Air pollution of virus Air pollutions from cleaning products	Client and Practitioner	There is already adequate airflow around the doors.	In light of the current Covid-19 issue a vent has been installed into one of the fixed pane windows. This vent can be open and closed. It will be left open to ensure an adequate flow of fresh air Cleaning after each client. Door to be left open during sanitisation between clients to avoid inhalation of chemicals which may cause neurotoxicity or breathing difficulties	J. Richards	13 th July 2020	10 th July 2020
Deep Cleaning of treatment room	Client and Practitioner	Usual cleaning	A deep clean of the treatment room prior to re-opening.	J. Richards	13 th July 2020	10 th July 2020

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Assessment and removal of unnecessary soft furnishings	Client and Practitioner may harbour pathogens inc. Novel and Coronavirus	N/A in past	Removal of all soft furnishing that are not essential. Covering with washable cover of anything that cannot be removed	J. Richards	13 th July 2020	10 th July 2020
Removal of samples and non-essential contents that clients may touch and on which the virus might live	Client and Practitioner	N/A	Remove anything that is not essential to allow all surfaces to be clear and wiped	J. Richards	13 th July 2020	10 th July 2020
Spare linens stored in treatment room	Client and Practitioner	N/A	Spare linens are normally stored in the treatment room, these are to be removed or covered in a non-porous wipeable cover Only items to be used for the treatment will be taken in	J. Richards	13 th July 2020	10 th July 2020
Client with Covid-19 or who has been in contact with someone who has	Client and Practitioner	N/A	Consultation the day before appointment to ensure client is no symptomatic and has not been in contact with anyone who has	J. Richards	13 th July 2020	Day before treatment

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Client has or may have Covid-19	Practitioner, their family and other clients	N/A	Consideration of taking client temperature via a non-contact thermometer – need to await Government advice	J. Richards	13 th July 2020	13 th July 2020
USE and disposal of PPE	Treatment room users	N/A	The use of a face shield and gloves is mandatory as per Government Advice. Awaiting Local Authority confirmation regarding additional wearing of face masks for therapist and client. In the meantime, I will wear a mask too. Disposal of PPE items to be sealed and double bagged	J. Richards	13 th July 2020	13 th July 2020
Cleaning of treatment room	Client and Practitioner	Regular cleaning	Regular cleaning needs to be increased to clean with strong disinfectant, every surface that the client may have touched between each and every appointment. Change appointment times to facilitate and wash linen etc immediately after use at 60% wash and hot tumble setting A plastic box has been provided for client to put their belongings in	J. Richards	13 th July 2020 Rescheduling of usual appointments to allow extra time between appointments	13 th July 2020

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			during treatment. This will be disinfected after every client			
Linens	Client and Practitioner	Regular Hygiene	Continue to replace all linens at the end of each treatment. Use of a disposable couch roll is not enough to protect – all linens need changing every time	J. Richards	13 th July 2020	13 th July 2020
Cleaning of all equipment	Client and Practitioner	In compliance with H&S	Increasing cleaning between each client of all treatment equipment	J. Richards	13 th July 2020	13 th July 2020
Removal and replacement of soft treatment support equipment	Client and Practitioner	N/A	Bolsters, pillows etc can be replaced with a folded towel. Replacing the pillow case or cover may not be enough so all soft items used must be fully washed between clients	J. Richards	13 th July 2020	13 th July 2020
Cleaning materials - suitability	Treatment room users	In compliance with H&S	Ensure cleaning materials are fit for purpose and strong enough for the job, i.e. will kill viruses	J. Richards	13 th July 2020	13 th July 2020
Cleaning materials storage	Treatment room users	In compliance with H&S	Ensure cleaning materials are out of reach, not leaking and are safely stored (No mixing bleach and ammonia, or acids. Drain cleaners must be used separately and not one after the other for safety reasons)	J. Richards	13 th July 2020	13 th July 2020

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Viral transfer on money and bank cards	Practitioners	N/A	Avoid cash transactions where possible. Bank transfers, PayPal or contactless SumUp payments preferred. If cash ask client to bring the correct money and have an envelope to place it in and minimise handling. New style notes can be cleaned with wipes	J. Richards	13 th July 2020 Clients should be notified of this prior to treatments	13 th July 2020
Transfer between people	Client and Practitioner	Hygiene procedures in compliance to H&S	<p>Ask clients to attend alone to appointments (unless 16/18 or if the client needs a carer)</p> <p>Additional hand washing prior to treatment. Handwashing station....Anti-bacterial hand wash and Alcohol gel and disposable paper hand towels, will be provided and will have to be used on entering the treatment room.</p> <p>A plastic box with a lid is also provided to put personal belongings in during their treatments. This will be disinfected between appointments</p>		13 th July 2020	13 th July 2020

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			<p>PPE to be worn by therapist at all times and social distancing will be adhered to wherever possible.</p> <p>Treatment times will be kept to one treatment per visit to keep contact time down to under an hour. As per Track and Trace advice. Consultations will be carried out online, client may sign it when they arrive using their own pen</p>			
<p>Exacerbation of lung problems for clients' post recovery</p>	<p>Client</p>	<p>N/A</p>	<p>If you have a client who is recovering from Covid-19 be aware... As the full recovery time is not fully known, avoid the use of scented candles, diffusers or incense that may irritate delicate or damaged lung tissue</p>	<p>J. Richards</p>	<p>13th July 2020</p>	<p>13th July 2020</p>

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Shielding/Vulnerable clients	Client	N/A	If a client who is considered vulnerable and is shielding needs to come for a treatment. Perhaps their mental health is suffering during isolation and they need to get out or they are in pain and need to be treated, additional care would be taken. They would have to wear a mask. I would definitely wear a mask even if advice comes back not necessary. Treatment time would be kept to a bear minimum and social distancing would be maintained at every opportunity	J. Richards	13 th July 2020	13 th July 2020

More information on managing risk: www.hse.gov.uk/simple-health-safety/risk/